



# THE *Mount Calvary* MESSENGER

SMALL ENOUGH TO KNOW YOU, LARGE ENOUGH TO GROW YOU!

NOVEMBER

2024

## MEN'S MONTH

**Men of Faith: Still Standing  
Firm on the Word of God**

**“...I will know that you stand firm  
in the one Spirit, striving together  
as one for the faith of the gospel.”  
(Philippians 1:27)**

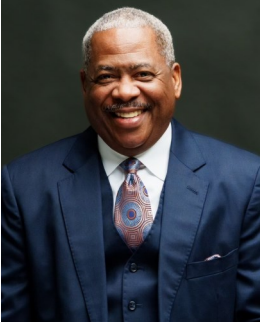
WHAT YOU WILL FIND IN THE MESSENGER...

- ◆ The Pastor's Pen
- ◆ Men's Month Scripture & Theme
- ◆ Church-Wide Announcements



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## *From the Pastor's Pen...*



Greetings Family!

I hope this message finds you well and filled with the grace of our Lord Jesus Christ. This is a beautiful time of the year. As we have these somewhat warm days and cool nights, it causes the leaves to change colors. I am so thankful for the beauty God lays out before us.

November is full of great ministry opportunities. It is filled with Holidays and special events, such as the Election Day, Veterans Day and of course Thanksgiving.

This month is also Men's Month here at Mount Calvary. We are excited because this is a time for the men to come together and uplift one another and celebrate the strength and unity of our fellowship through worship, shared experiences, and heartfelt conversations.

Sunday, November 17 is our Annual Men's Day Celebration. This day is not just an event, but it is an opportunity to reflect on our roles as men of faith, to honor the journey we share, to renew our commitment to supporting each other and to serve to make our community a beacon of hope and love.

Once again, let me encourage you to VOTE. Over the past several months we have heard candidates spin tales at their opponents. We seem divided as a nation and losing the better parts of our nature. This election is so very very important. We cannot afford not to VOTE! The stakes are too high! So, let your VOTE be your VOICE – VOTE!

In this Season of Thanksgiving, let us take time to pause and give thanks to a gracious God for all things bestowed upon us. I give thanks to God for all of you. I thank you for your commitment in service, prayer, and finances to Mount Calvary Church. Out of all the places, institutions, and meaningful projects you could give of your time, talent and possessions, you have chosen to live out you're calling as God's faithful people through your generous support of Mount Calvary's ministry. This is simply an amazing and a wonderful expression of your faith in Christ.

As we journey together in our faith, I want to take a moment to remind you that God has placed some incredible strength and courage within each of us to help us move forward on our journey.

May we continue to love, serve, and pray for God's people here and around the world. Let us strive and work together to be the Body of Christ living together in peace and unity, to give honor and praise to God.

Be Encouraged and Stay in His Grip!

Pastor Bob

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# ORDER of *Worship*

Call to Worship

Morning Hymn

Invocation

Selection

Scripture

Welcome

Tithes, Missionary, and General Offering

## ***This is My Tithe***

*I acknowledge that God is the giver of every good and perfect gift. I can only reap what I have sown. I cannot out give God no matter how I try, and as I act in obedience to the word of God, I bless my church, myself and my family.*

*This is the promise of God. Malachi 3:10*

Corporate Prayer Altar Call

Selection

Preached Word of God

Invitation to Accept Christ

Benediction

***“You’ve come to Worship, now leave to Serve!”***

## **Mt. Calvary A.M.E. Church Mission and Vision**

We are a Christ-Centered church that believes in the full gospel message. We believe in building and equipping disciples and we are committed to reaching our city, state, and world with the Gospel. We want to connect with people and grow an authentic relationship with Jesus. We are a word-based, soul-winning, love-centered church that hopes- *“The Distance Was Worth The Difference.”*



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# November Is Men's Month...

## November Men's Month Scripture Verse

**Theme:** Men of faith: Still standing firm on the Word of God

**Scripture:** "...I will know that you stand firm in the one Spirit, striving together as one for the faith of the gospel." (Philippians 1:27)



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### Men's Month 2024 Announcements:

- The Men will be celebrating **Men's Day** on **Sunday November 17th**, during the 10am Worship Service.
- **All men**, including our young men, are invited to sing with the Ambassadors for Christ Men's Choir on Men's Day.
- The sacrificial offering for **Men's Day** are as follows: Men - \$100.00; Women: \$50.00; and Children: \$10.00.



**Don't forget that we fell back and are now one hour behind.**

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## CHURCH-WIDE ANNOUNCEMENTS

- ◆ This year's **Baltimore District Conference** will be held on **November 7-9, 2024**, at St. Stephens AME church (*1601 Old Easter Ave., Essex, MD 21221*). On **Nov 8th**, at 7 pm, there will be a **Shine Like A Star Talent Show** and on **Nov 9th**, Rev. Angie will be the guest preacher at the **Women In Ministry Prayer Breakfast** beginning at 7:30 am.
- ◆ The **Baltimore District Conference** will be **Honoring Our Veterans** on **Monday, November 11, 2024, 11 am** at St. Stephens AME church (*1601 Old Easter Ave., Essex, MD 21221*) in observance of Veterans Day.
- ◆ Join us for the **11th Monthly Wednesday Night Revival** that will be held on **Wednesday, November 20, 2024, at 7pm**.
- ◆ The **Health and Wellness Ministry** will be hosting the annual **Joy of Living Center** coat drive. The goal is to collect 1000 new or unused coats, hats, gloves, scarves and warmers. These items will benefit children and adults for this winter season. Items can be placed in a bin located in the Narthex beginning the month of November and until December 1, 2024.
- ◆ The **Church Office** will be closed on **Thursday-Friday, November 28-29, 2024**, in observance of the **Thanksgiving Holiday**.
- ◆ From **December 1 - 25, 2024** we will be celebrating the **Advent Season - Immanuel, God with us**, focusing on the scripture, Behold, the virgin shall be with child, and bear a Son, and they shall call His name Immanuel," which is translated, "God with us" (Matthew 1:23; NKJV). Our advent theme will be "*Preparing room in our hearts and minds for the gift of Jesus' presence in our lives.*"
- ◆ The **Congregational Care Unit** will be hosting a **Christmas Celebration** on **Sunday, December 15, 2024**, immediately following the 10 am service. This event is being sponsored by the ministries of the church. Note. Please register for the event [here](#) or see Sis. Carol-Ann or Sis. Aurisha).

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## GET OUT THE VOTE



The upcoming election is one of the most important elections of our lifetime. A lot is on the line for Americans, and African Americans in particular. We must vote and encourage and help others to vote. Dial the church office to secure your ride to the polls on 11/5 - (410)-296-9474.

*But let justice run down like water, And righteousness like a mighty stream. Amos 5:24*



## November Prayer Requests

Presiding Elder Johnny Calhoun  
The Baltimore District Conference  
Pastor Bob & Rev. Angie Cox  
Sis. Angela Burgess  
Mother Cleo Cole  
Bro. Carlton Epps, Sr.  
Sis. Vivian Fenton  
Mother Grace Hicks



Sis. Gerri Miles  
Sis. Ann Norman  
Sis. Kathy Thrasher  
Sis. Sylvia Twigg  
All Ministries

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### Please join us in our weekly **POWER CELLS!**

- Zoom Prayer Meeting with Rev. Angie for the 2024 Election on Monday. November 4th at 8 pm. *Meeting Id: 811 - 9842-6695; Passcode: 266-119*
- The Jewel Cromwell Johnson Prayer Line. **Morning Prayer:** Monday-Friday at 6am  
**Phone Conference Call Line:** 725-735-9012 (**No Passcode**)
- Join us every **Thursday** for **Thursday Treats** for the Thirsty - Zooming in His Word at 7pm.
- **Church School** - 9am-9:45am in the FLC.
- **Beads of Wisdom Bible Study** - Wednesdays at noon (prayer line).
- **Church-wide Bible Study** - Wednesdays at 7pm (*In-Person/ Facebook Live*). **No Bible Study 11/27.**



# Diabetes Awareness Month

## Take Charge of Tomorrow

NIH National Institute of Diabetes and Digestive and Kidney Diseases

### Preventing Diabetes Health Problems

**Diabetes** is a disease that occurs when your blood glucose, also called blood sugar, is too high. When it's not managed, diabetes can damage the eyes, kidneys, nerves, and heart, and is linked to some types of cancer.

If you have diabetes, taking charge of your health as soon as possible may help you prevent other health problems.

Here are some tips to help you manage your diabetes to stay healthy longer.



**Manage your A1C blood glucose, blood pressure, and cholesterol levels.**

Ask your doctor what your goals should be, and stay informed about your A1C level.



**Make lifestyle changes to slowly build healthy habits.**

Take small steps to eat healthier, be more physically active, and get enough sleep.



**Take care of your mental health.**

A mental health counselor may help you find healthy ways to cope with stress.



**Take your medicines on time, even if you feel healthy.**

Talk to your doctor or pharmacist for help if you have trouble managing your medicines.



**Work closely with your primary care provider.**

They can help you manage your diabetes and refer you to other health care professionals for related health problems.

Visit [niddk.nih.gov](https://niddk.nih.gov) for more information on preventing diabetes health problems.

[healthinfo@niddk.nih.gov](mailto:healthinfo@niddk.nih.gov)

[in](#) [t](#) [w](#) [f](#) [y](#) [t](#) [@](#) [niddkgov](#)

# Mount Calvary AME Church Honors all Veterans on November 11, 2024...



Birthday greetings goes to all those celebrating a birthday in the month of November from your Congregational Care Unit (CCU) Leaders Sis. Raquel Batson ([batsonrocky@yahoo.com](mailto:batsonrocky@yahoo.com)) and Bro. Al Williams ([powill200@gmail.com](mailto:powill200@gmail.com))



Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this, says the Lord Almighty, and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it.  
Malachi 3:10

**5 Ways to Give**

**Mount Calvary AME Church**



**ONLINE** [www.mtcalvaryame.org](http://www.mtcalvaryame.org)  
click the give tab.

**PHONE** 410-296-9474

**MAIL-IN** Mail your gift:  
Mount Calvary AME Church  
PO Box 20416 | Towson, MD 21286

**IN-PERSON**  
Drop off your gift at the church office: Mt. Calvary AME Church  
349 Eudowood Lane | Towson, MD 21286

**SMART DEVICE**  
Cash App **\$MTCALVARY349**



**Mount Calvary AME Church**  
300 Eudowood Lane  
Towson, MD 21286  
410-296-9474 (phone) 410-296-8710 (fax)  
[adminasst@mtcalvaryame.org](mailto:adminasst@mtcalvaryame.org)  
[www.mtcalvaryame.org](http://www.mtcalvaryame.org)

**Rev. Bobby B. Cox, Jr., Pastor**  
**Rev. Angie Crawford-Cox, First Lady**

Items for the Messenger must be submitted by the 2nd Friday of each month. Leaders, please add the following address to your email contacts to receive a reminder: [mtcalvaryamemessenger@gmail.com](mailto:mtcalvaryamemessenger@gmail.com).